

Don't just improve performance, master it

Until recently, an individual's ability to focus and keep on task at the highest level was either there or not. One could train their body, but the ability to train and improve one's cognitive agility and attention using neuroscientific advancements is a fairly recent concept. Professional athletes, career soldiers, even surgeons are realizing the benefits achieved through Elite Performance Solutions' suite of cognitive training programs. What makes Elite Performance Solutions the leader in this emerging field?

INDIVIDUAL DEVELOPMENT:

Elite Performance Solutions' programs assess and compare brain signatures associated with processing speed, attention, memory capacity, focus, and visual processing to build an individualized enhancement program based on existing high-performance databases.

COMPREHENSIVE TRAINING:

Recent advances in portable neuroimaging technology and analytics makes it possible for users to see how their brain functions and to use the Elite Performance Solutions tools that train the brain to perform at a higher level—without leaving their training environment.

TALENT SELECTION:

We help talent evaluators and scouts use state-of-the-art neurocognitive assessments to assist in recruitment and make better informed decisions on high-cost acquisitions.

IMPROVE HEALTH: Our brain-based evaluation and tools target an individual's areas for improvement then exercise the mind to help improve stress management, boost resilience, and help high-performers warm up their brains just as they do their bodies before an important event.

EXTEND CAREER LONGEVITY:

Elite Performance Solutions programs cultivate a lasting impact that can reduce cognitive decline and optimize brain function across an individual's lifespan.



“Brainless exercise is a lost opportunity for improvement.”

MICHAEL MERZENICH, PHD

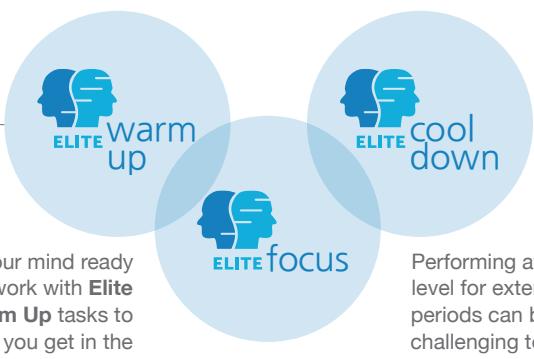
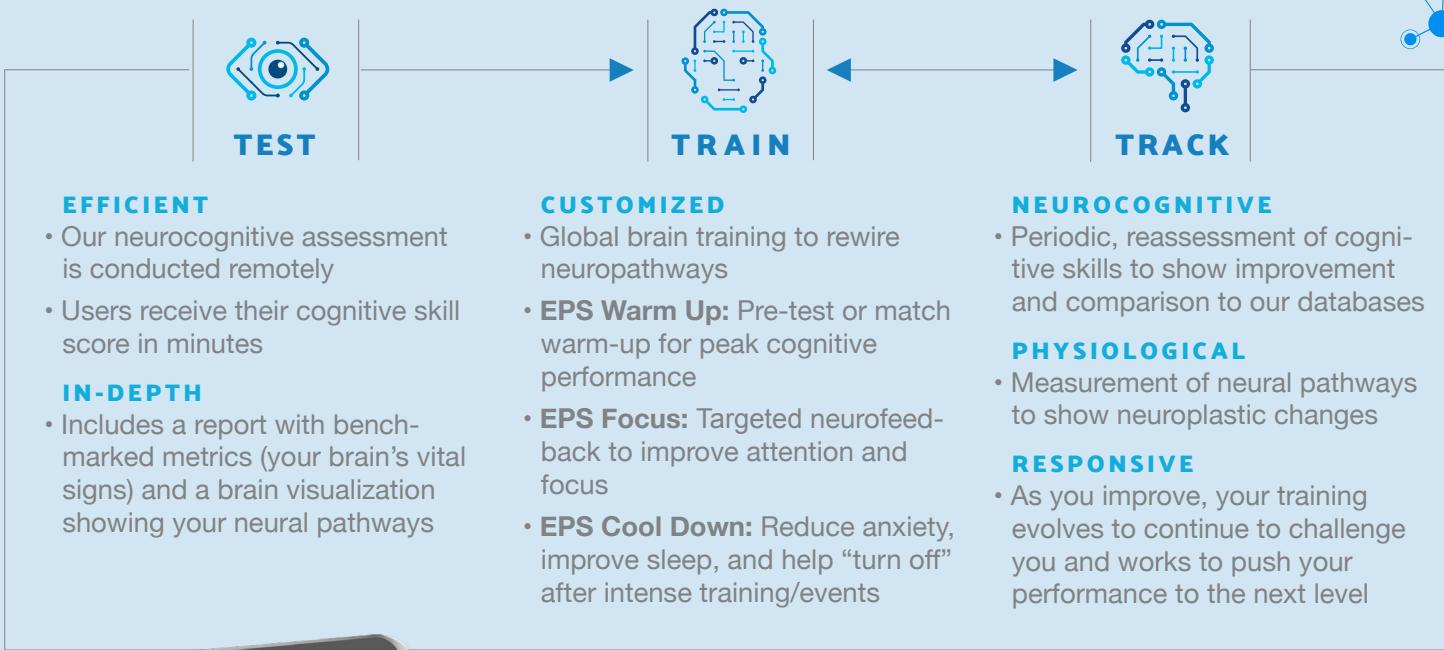
Partner with us today and tap into the potential that lies within every player, soldier, doctor, coder, factory worker—and anyone who wants to *beat* their best.

Visit ELITEPERFORM.ORG for more information, to become a partner, and to find out more about the latest developments in neurotechnology.

Why partner with us?

Elite Performance Solutions provides clients with actionable, scientifically sound advancements in elite performance training. We bring together the latest advancements in the areas of neuroscience, engineering, and machine learning to provide a suite of innovative digital evaluation and training programs. Individuals and organizations can now target performance goals that improve outcomes in a variety of environments: the athletic field, classroom, boardroom, or the battlefield, simply to name a few.

The Elite Performance Solutions Approach



Get your mind ready to work with **Elite Warm Up** tasks to help you get in the zone and stay there.

Improve attention for longer periods of time with **Elite Focus** measuring and monitoring tools. Whether it's in the boardroom or on the playing field, be at your best when you need it most.

Performing at an elite level for extended periods can be challenging to come down from, so we've developed **Elite Cool Down** to help you relax and recover, so you can be back to your best—faster and more efficiently.